Track: 2022-06-24 Periplo dei Piani di Pezza — **Date: 24/06/2022**

Track: 2022-06-24 Periplo dei Piani di Pezza	**IBP = 212 HKG**
These speeds are average for = HKG	
IBP index reliability= B	

Total length	28.35 Km
Analyzed distance	28.35 Km
Lineal distance	0.04 Km

Accumulated climb	1944 m
Accumulated descent	1966 m
Maximum height	2276 m
Minimal height	1497 m
Climb rate	15.91 %
Descent rate	13.87 %
Positive climb difference per km	68.57 m
Negative descent difference per km	69.35 m

Total time	7:23:52 h
Time in movement	6:43:22 h
Stopped time	0:40:30 h

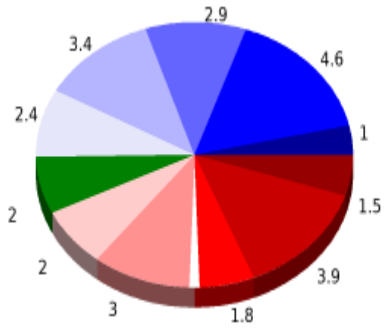
Total speed average	3.83 Km/h
Average speed in movement	4.22 Km/h
Maximum held speed	10.95 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	2473 (cad. 11.46 m)
Significant points	821 (cad. 34.57 m / 33.2 %)
Aberrant points	76 (3.07 % d. total)

Direction changes per km	14.43
Direction changes >5º per km	10.05
Accumulated straight stretches	4.747 Km
Straight stretches per km	167.44 m
Penalizables slope changes	21
Penalizables slope changes per km	0.741

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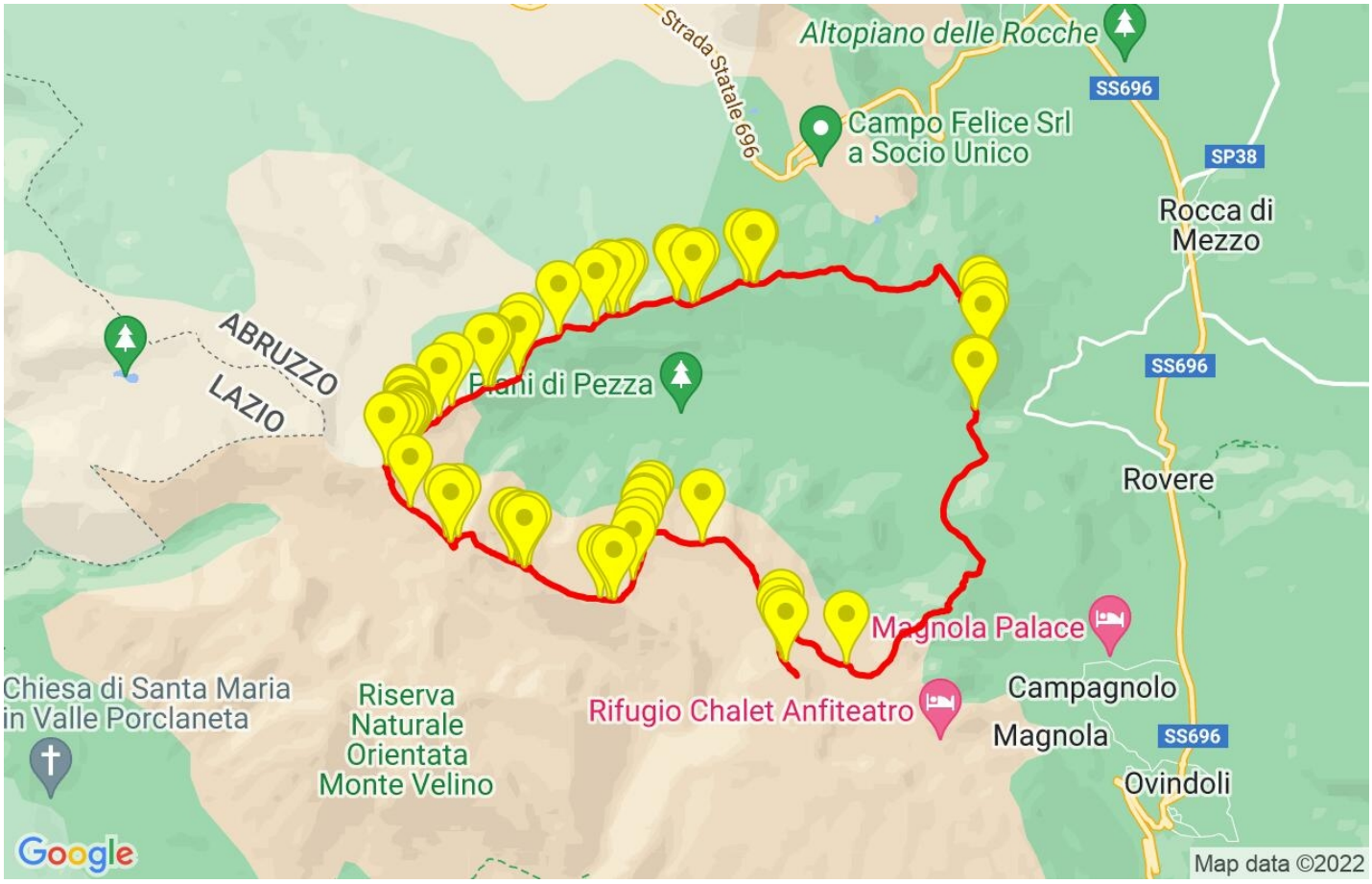
Summary of slopes

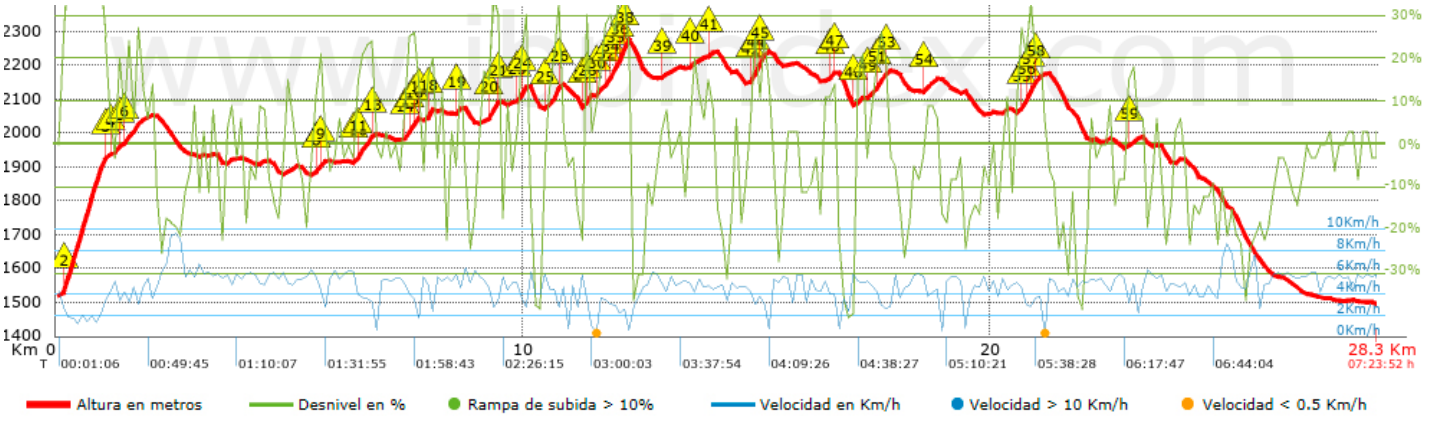


	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	1.528	5.39	1.98	0:46:24
	Between 15 and 30%	3.903	13.77	3.4	1:08:52
	Between 10 and 15%	1.84	6.49	4.11	0:26:52
	Between 5 and 10%	2.998	10.58	4.64	0:38:45
	Between 1 and 5%	1.952	6.89	4.5	0:26:01
	Total :	12.22	43.11	3.54	3:26:54
	Plain				
	Difference of 1%	1.955	6.9	4.89	0:23:58
	Breakdown descents				
	Between 1 and 5%	2.387	8.42	5.53	0:25:55
	Between 5 and 10%	3.356	11.84	5.21	0:38:38
	Between 10 and 15%	2.862	10.1	5.04	0:34:03
	Between 15 and 30%	4.597	16.22	4.72	0:58:24
	Between 30% and 55%	0.969	3.42	3.75	0:15:30
	Total :	14.17	49.99	4.93	2:52:30
	Total track :	28.35	100 %	4.22	6:43:22

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Steep slopes > 10%

Steep slopes	Mileage point	Average slope	Interval
 1	0.136	25 %	32 m
 2	0.168	43 %	914 m
 3	1.082	15 %	68 m
 4	1.15	12 %	206 m
 5	1.356	11 %	103 m
 6	1.459	17 %	270 m
 7	5.534	11 %	36 m
 8	5.571	18 %	102 m
 9	5.673	19 %	69 m
 10	6.417	15 %	65 m
 11	6.482	23 %	238 m
 12	6.72	24 %	34 m
 13	6.753	19 %	32 m
 14	7.486	19 %	36 m
 15	7.522	21 %	143 m
 16	7.665	23 %	66 m
 17	7.731	15 %	33 m
 18	7.939	22 %	138 m
 19	8.564	16 %	101 m
 20	9.314	31 %	141 m
 21	9.455	24 %	35 m
 22	9.857	12 %	33 m
 23	9.89	19 %	67 m
 24	9.957	25 %	102 m
 25	10.509	20 %	235 m
 26	10.744	27 %	71 m

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27	11.297	19 %	32 m
28	11.329	31 %	104 m
29	11.563	15 %	34 m
30	11.596	13 %	100 m
31	11.729	20 %	64 m
32	11.792	21 %	34 m
33	11.826	32 %	69 m
34	11.895	17 %	35 m
35	11.93	21 %	107 m
36	12.037	34 %	131 m
37	12.168	37 %	35 m
38	12.203	29 %	62 m
39	12.958	11 %	101 m
40	13.6	11 %	101 m
41	13.937	12 %	174 m
42	14.851	21 %	104 m
43	14.955	36 %	36 m
44	14.991	21 %	72 m
45	15.063	29 %	101 m
46	16.577	19 %	64 m
47	16.641	14 %	35 m
48	17.094	12 %	140 m
49	17.374	12 %	172 m
50	17.546	18 %	34 m
51	17.58	26 %	137 m
52	17.716	19 %	68 m
53	17.784	18 %	34 m
54	18.597	15 %	169 m

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55	20.627	23 %	133 m
56	20.76	28 %	108 m
57	20.868	23 %	70 m
58	20.938	18 %	143 m
59	22.94	11 %	131 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2250	204.484	0.72	0:03:06	3.96	0:03:32	0:06:38	1.85
2000	15124.942	53.36	3:42:38	4.08	0:33:14	4:15:52	3.55
1750	9303.659	32.82	2:02:50	4.54	0:03:44	2:06:34	4.41
1500	3531.088	12.46	0:52:43	4.02		0:52:43	4.02
Total :	28.164 Km	99.36 %	6:41:17 h	4.21 Km/h	0:40:30 h	7:21:47 h	3.83 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
6.786	0:03:44	1994	1:44:52	1:44:52	6.786
10.88	0:02:40	2144	2:46:17	1:01:25	4.094
11.465	0:06:18	2111	3:00:03	0:13:46	0.585
12.232	0:03:32	2269	3:20:25	0:20:22	0.767
15.229	0:02:52	2235	4:06:34	0:46:09	2.996
16.71	0:03:04	2184	4:29:39	0:23:05	1.481
18.9	0:04:12	2166	5:04:34	0:34:55	2.19
21.147	0:14:08 > 10´	2172	5:41:03	0:36:29	2.247
Total :	0:40:30 h				

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